



## Handbook of Cosmeceutical Excipients and their Safeties (Woodhead Publishing Series in Biomedicine)

By K Y Heng, T Y Kei, K J Singh, Li Hairui, Poh Ai-Ling, K Lifeng

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**Handbook of Cosmeceutical Excipients and their Safeties (Woodhead Publishing Series in Biomedicine)** By K Y Heng, T Y Kei, K J Singh, Li Hairui, Poh Ai-Ling, K Lifeng

Cosmeceuticals are the latest additions to the health industry and have an ever-expanding market. They are considered to be a marriage between cosmetics and drugs and are defined as preparations applied on the body that may modify the physiological functions of the skin. However, as more cosmeceuticals are being launched in the market and more types of drugs are incorporated into the formulation, the composition of cosmeceuticals is becoming more complex. *Handbook of Cosmeceutical Excipients and their Safeties* summarises the current evidence relating to cosmeceuticals' side effects and highlights the important information that practitioners and consumers need to know, as well as ways to avoid the adverse effects of the excipients. *Handbook of Cosmeceutical Excipients and their Safeties* includes chapters covering topics such as the history of cosmeceuticals and the laws that regulate them, skin permeation, carcinogenicity as a systemic adverse effect and dermatitis as a topical adverse effect. It concludes with an appendix that gives brief information on the potency and permeability of common ingredients in cosmeceuticals. The appendix aims to highlight the maximum allowable quantity of each ingredient to ensure product safety for consumers. The appendix was prepared by compiling the ingredients of 257 products containing more than 500 compounds, collected from a hospital pharmacy in Singapore.

- Focuses on the practical aspect of adverse effects from cosmeceuticals
- Explains the regulatory framework of cosmeceuticals
- Gives an idea of how excipients and drugs in cosmeceuticals enter the skin and methods of control

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### Review

"...formulation scientists working in the area of skincare (medical or otherwise), may find the monograph to be a useful reference..." --**The Pharmaceutical Journal**

### About the Author

**Ai-Ling Poh** is a practising senior clinical pharmacist with the Department of Pharmacy, Parkway Hospitals Singapore Pte Ltd, Singapore.

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