



Shonishin: Japanese Pediatric Acupuncture

By Stephen Birch

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Shonishin: Japanese Pediatric Acupuncture addresses the emerging interest in safe, specialized, non-insertion acupuncture treatment options for infants and children. The only English language book available on the topic, it focuses on the most important feature in the treatment of children: patient-comfort. The author gives hands-on advice that can be easily integrated into clinical practice.

The text begins with an overview of the underlying principles of *Shonishin* and the special tools and needles used to gently press, tap, scratch, rub, and stroke the child's skin without penetrating it. The expert author then outlines root and symptomatic approaches and techniques, followed by detailed information on how to manage a wide range of specific problems and diseases. *Shonishin* is an excellent treatment option for common respiratory and digestive ailments.

Features

- In form of a practical workshop, the accompanying DVD (150 minutes) demonstrates how to do *Shonishin*
- More than 40 cases from around the world cover which tools and methods work best for different patients, showing a range of treatment ideas, methods, and results available with the techniques described in the book
- More than 100 illustrations, photos, and diagrams complement the text throughout
- Numerous tips on how to pacify scared children and aggravated parents

This unique, user-friendly guide is a must-have for all acupuncturists, students and teachers of acupuncture as well as pediatricians who also use acupuncture -- regardless of style of practice. The basic treatment

has the added advantage of being easily taught to parents so that they can use it regularly at home, thus increasing frequency of treatment and allowing parents to participate actively in the treatment of their children.

System Requirements for the DVD:Language: English; region code: 0; picture format: 4:3 NTSC; duration: 150 minutes (approximately); disk format: DVD-5

*This book is an indispensable tool and strongly recommended for the practitioner who wishes to take on these challenging patients.-- **The American Acupuncturist***

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