



## Gap Years for Grown Ups: The Most Comprehensive, Practical Guide from the Leading Gap Year Specialist

*By Susan Griffith*

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A guide for grown ups wanting to take the trip of a lifetime, containing information on specialist schemes and opportunities for professionals and mature travellers. Covers everything from what to pack to paying the mortgage when away, as well as advice from adult gappers who have been there and done it.

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### **Editorial Review**

#### Review

The definitive guide to taking a gap year or extended break. --The Sunday Times

Encyclopaedic --The Guardian

A good source of information. --Talk Money

#### From the Inside Flap

Whether you're 25 or 85 there's a world of opportunities out there:

Crew a yacht across the Atlantic

Protect loggerhead turtles in Greece

Work with deprived children in India

Travel overland across Africa

Take a gourmet cookery course in the Loire Valley

Build walkways in the Costa Rican rainforest

Learn to be a dive master in the Red Sea

Teach English in Japan or China

Work with bushrangers in Botswana

Find out what these and many other grown up gap years are like inside...

#### From the Back Cover

Fancy taking a gourmet cookery course in the Loire Valley... Protecting loggerhead turtles in the Mediterranean... Or trekking in the Himalayas?

Whether you're looking to get out of the rat race, experience the gap year your children had or kick-start your retirement, Gap Years for Grown-Ups is your complete guide to seeing the world with wiser eyes. Written by the world's leading expert on gap year travel, this fourth edition of Gap Years for Grown-Ups is fully updated to help you plan the experience of a lifetime, with advice on key adult gap year issues including:

- Developing your career while you travel
- Pursuing a hobby or new project
- Travelling with children
- Renting your home while you are away
- Using your skills to contribute to a good cause

Uncover the world of opportunities open to you today...whether you're 25 or 85!

### **Users Review**

#### **From reader reviews:**

**Edward Robinette:**

Have you spare time for any day? What do you do when you have considerably more or little spare time? Yes, you can choose the suitable activity to get spend your time. Any person spent their own spare time to take a walk, shopping, or went to the Mall. How about open or maybe read a book titled Gap Years for Grown Ups: The Most Comprehensive, Practical Guide from the Leading Gap Year Specialist? Maybe it is to get best activity for you. You already know beside you can spend your time with your favorite's book, you can cleverer than before. Do you agree with it has the opinion or you have some other opinion?

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**Courtney Osteen:**

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