

When Bad Things Happen to Good Marriages: How to Stay Together When Life Pulls You Apart - Workbook for Wives

By Les Parrott, Leslie Parrott



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These workbooks—one for the husband and one for the wife—accompany Les and Leslie Parrott's hardcover book When Bad Things Happen to Good Marriages. Twenty exercises help each husband and wife work through the book. In the main book, the Parrotts talk about how every marriage begins well but bumps into bad things. They outline how marriage can survive bad things happening with five basic things—responsibility, hope, forgiveness, empathy, and commitment.

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• Sales Rank: #1257192 in Books

• Published on: 2001-03-01

• Ingredients: Example Ingredients

• Original language: English

• Number of items: 1

• Dimensions: 9.02" h x .12" w x 6.02" l,

• Binding: Paperback

• 48 pages

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Editorial Review

From the Back Cover

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About the Author

Drs. Les and Leslie Parrott are co-directors of the Center for Relationship Development at Seattle Pacific University (SPU), a groundbreaking program dedicated to teaching the basics of good relationships. Les Parrott is a professor of clinical psychology at SPU, and Leslie is a marriage and family therapist at SPU. The Parrotts are authors of the Gold Medallion Award-winning Saving Your Marriage Before It Starts, Becoming Soul Mates, Love Is, Relationships, and When Bad Things Happen to Good Marriages. They have been featured on Oprah, CBS This Morning, CNN, and The View, and in USA Today and the New York Times. They are also frequent guest speakers and have written for a variety of magazines. They live in Seattle, Washington, with their two sons. www.RealRelationships.com

Dr. Leslie Parrott is co-director, with her husband Dr. Les Parrott, of the Center for Relationships Development on the campus of Seattle Pacific University (SPU), a groundbreaking program dedicated to teaching the basics of good relationships. Leslie is also a marriage and family therapist as well as the co-author of the Gold Medallion Award-wining Saving Your Marriage Before It Starts, The Love List, Becoming Soul Mates, Love Talk, and Your Time Starved Marriage. Leslie is also the author of If You Ever Needed Friends It's Now and the children's book, God Loves You Nose to Toes. She has been featured on Oprah and CBS This Morning, and in USA Today and the New York Times. Leslie is a frequent guest speaker and has written for a variety of magazines. The Parrotts' radio program, Love Talk, can be heard on stations throughout North America. She lives in Seattle, Washington, with Les and their two sons.

Users Review

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Louise Guest:

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