



## Squash: Steps to Success - 2nd Edition (Steps to Success Activity Series)

By Philip Yarrow, Aidan Harrison

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Learn the fundamentals and enjoy competing in this fast-paced tactical game. Whether you already play squash or are just starting out, *Squash: Steps to Success* will teach you the skills and strategies you need in order to play and win.

With 13 progressive instructional steps, you'll learn all aspects of the game. Detailed descriptions, illustrations, and photo sequences demonstrate essential on-the-court movement, volleys, serves, returns, and drop shots. Then practice and improve techniques with 93 drills, each featuring a personal scoring system to gauge and accelerate your progress.

After you master the individual skills, *Squash: Steps to Success* will show you how to apply them in match situations. From disguise and deception to attacking and defensive strategies, you'll learn to maximize your strengths and dominate the court.

Become a complete player on the court. As part of the popular Steps to Success Sports Series—with more than 1.5 million copies sold worldwide—*Squash: Steps to Success* will elevate your performance to new heights in all facets of the sport.

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*"Squash is a must-read filled with key insights into the game. Whether you are a top-level player or a club player looking for ways to improve your game, you can get better by reading this book."*

Amr Shabana  
World No. 2 player

*"A unique and informative step by step guide that will improve your squash game at any level. Keep this book in your bag at all times."*

David Campion  
England Squash High Performance National Coach

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