

# Outdoor Learning in the Early Years: Management and Innovation: Volume 4

By Helen Bilton

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Now in its third edition, *Outdoor Learning in the Early Years* is the complete guide to creating effective outdoor environments for young children's learning. Comprehensively revised and updated throughout, this book covers every aspect of working outdoors in the early years and fully explains the importance of outdoor play to children's development.

Key topics covered include:

- how to manage and set up the outdoor area
- what children gain from being outside
- how to allow children to take managed risks
- making sense of work and play
- how outdoor provision helps children become self regulatory
- providing for both boys and girls in the outdoor environment
- research supporting the outdoor approach.

A book for practitioners at every level of their career; each chapter includes discussions and questions for continuing development that can easily be incorporated into INSET as well as training within further or higher education.

*Outdoor Learning in the Early Years* contains a multitude of ideas and activities for working outdoors in the early years and provides a framework within which professionals can analyse and develop their outdoor provision and environment.

This book is essential reading for all EYFS and Key Stage 1 practitioners, and for trainee teachers, their tutors, and mentors.

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**Bibliography**

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### Editorial Review

Review

#### Praise for previous edition:

**'Helen Bilton's much needed and excellent book has filled a gap in the literature about outdoor play. I would recommend it as essential reading for all who work with children in the early years or make decisions about the appropriateness of settings.'** – *Early Education*

**'Helen Bilton's enthusiasm for her subject is evident throughout this book and it is obvious that not only is she a source of inspiration for present and future practitioners in this field, but much of her book is based on solid practical experience.'** – *E-scape*

**'This book is "a must read book" for any practitioners in early years education.'** – *Customer Review on Amazon*

**'This third edition of *Outdoor Learning in the Early Years* reaffirms the fundamental tenets that outdoor learning needs to be well-organised and managed in line with what we know about the best practices of teaching and learning; but it also extends our understanding of what best practice actually consists of ... [This book] provides such a wealth of ideas that no-one could resist going outside and examining the children's outdoor area with a critical eye! I recommend this book to all engaged in working and living with young children – parents, carers and teachers.'** – *Gifted Education International*

About the Author

**Helen Bilton** is the Director of the PGCE Primary and Early Years Programme at the University of Reading where she lectures in Early Years Education.

### Users Review

#### From reader reviews:

##### Emily Carey:

Spent a free time for you to be fun activity to perform! A lot of people spent their down time with their family, or their very own friends. Usually they undertaking activity like watching television, likely to beach, or picnic inside the park. They actually doing same task every week. Do you feel it? Would you like to something different to fill your own free time/ holiday? Might be reading a book might be option to fill your totally free time/ holiday. The first thing you will ask may be what kinds of book that you should read. If you want to attempt look for book, may be the guide untitled *Outdoor Learning in the Early Years: Management and Innovation: Volume 4* can be fine book to read. May be it may be best activity to you.

**Bruce Crawford:**

People live in this new time of lifestyle always attempt to and must have the spare time or they will get lots of stress from both lifestyle and work. So , when we ask do people have spare time, we will say absolutely without a doubt. People is human not really a robot. Then we consult again, what kind of activity are you experiencing when the spare time coming to an individual of course your answer may unlimited right. Then do you try this one, reading ebooks. It can be your alternative with spending your spare time, the book you have read is Outdoor Learning in the Early Years: Management and Innovation: Volume 4.

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