



Nursing OSCEs: A Complete Guide to Exam Success

By Catherine Cabellero, Fiona Creed, Clare Gochmanski, Jane Lovegrove

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In order to succeed in an Objective Structured Clinical Examination (OSCE), nursing students need to know not just what an OSCE involves, but how to undertake the skill correctly at each OSCE station. This book is a complete guide on how to prepare for an OSCE with step-by-step instructions for the ten most common OSCE stations that nursing students can face.

Specific stations range from aseptic non-touch technique, communication and observations, to more highly pressured skills such as medication administration, resuscitation and assessing a deteriorating patient. Nursing OSCEs: a complete guide to exam success covers these skills and more in a clearly structured and concise way. Each OSCE chapter outlines:

- DT Key revision material enabling quick and complete revision
- DT Step by step instructions on how to perform the skill in an OSCE,
- DT An example examiners marking sheet, so students know the criteria they will be measured against
- DT Typical questions an examiner may ask and suggested answers
- DT Common errors to avoid and top tips for success.

With over 70 illustrations and videos of four OSCE stations, it demonstrates how to pass key stations. Bonus online material includes colour photographs and Powerpoints for revision at www.oxfordtextbooks.co.uk/orc/cabellero/ (<http://www.oxfordtextbooks.co.uk/orc/cabellero/>)

This book is ideal for nursing students preparing for OSCE as well as for lecturers, mentors and practising nurses involved in student education.

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- Sales Rank: #1881670 in Books
- Brand: imusti
- Published on: 2012-03-21
- Released on: 2012-03-21
- Original language: English
- Number of items: 1
- Dimensions: 6.70" h x .60" w x 9.60" l, 1.05 pounds
- Binding: Paperback
- 240 pages

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Editorial Review

Review

"Will give students an excellent introduction into the complexities of OSCE type assessments. The key revision section is a real aide for students and supporting material such as the common mistakes section is invaluable. The online materials will give the student some real direction on terms of learning."

--John Ambrose, Lecturer, Liverpool John Moores University, UK July 2011

"Videos and photographs enable the student to gain a 'whole' picture of the process and they can see key specifics such as correct hand positioning for chest compressions. I particularly like the section on typical questions that an examiner may ask as students often forget this. Overall, a very useful learning tool for students with comprehensive revision."

--Jo Rutt, Clinical Skills Lecturer, University of Nottingham, UK July 2011

Review from previous edition: "More straight-forward and concise than several I've seen ... identifies the most frequently assessed skills, and provides clear guidance on how to perform them to OSCE standard. Each skill is described step-by-step, while the common errors, and examiners question sections are particularly useful...it will be useful for any nursing student"

--Rachel Gilbert, Clinical Skills Lecturer, University of the West of England

"I would recommend the book to students all 3 years and even to qualified nurses.. explains the procedures in a simple and easy to understand way, backed up with the underpinning knowledge and best practice. Online videos and material are an excellent resource."

--David Thomas, Student, Swansea University

About the Author

Dr Catherine Caballero, DPhil, MSc, P.G.C.H.S.C.E, BSc, Dip Ns, R.N is a senior lecturer at the University of Brighton. Catherine has a Doctorate of Philosophy from the University of Oxford. She has a background in surgical nursing, specialising in day surgery and in 1995 was appointed as the first laparoscopic nurse practitioner in the U.K. Catherine's passion is in the development of clinical skills and her interests relate to clinical decision making, clinical skill development and mentorship.

Fiona Creed MSc, BSc, R.N. is a senior lecturer at the University of Brighton. Fiona has a clinical background in general and neurological intensive care nursing and teaches acute clinical skills and post registration acute care nursing. Fiona is currently a PhD student at the University of Brighton where she is exploring clinical decision making during episodes of acute patient deterioration.

Clare Gochmanski is skills laboratory technician at the University of Brighton. She is responsible for

managing several skills labs across the university sites assisting with simulation teaching, programming simulators and assisting with student skills practice session. Clare organises and coordinates the OSCE examinations at the University.

Jane Lovegrove MSc ,B Ed, R.N.T., RN. is a principal lecturer in clinical skills at University of Brighton. Jane's clinical background is in intensive care, cardiac surgery and coronary care. Her current clinical and educational interests are in grading clinical practice and using high fidelity simulation to assist students in clinical decision making.

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