

Health Psychology: A Textbook (UK Higher Education OUP Psychology)

By Jane Ogden



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This new edition is a comprehensive and accessible guide, examining health behaviours through reviewing the key research in this growing field.



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Health Psychology: A Textbook (UK Higher Education OUP Psychology) By Jane Ogden Bibliography

• Sales Rank: #1232972 in Books

• Brand: imusti

Published on: 2012-05-01Original language: English

• Number of items: 1

• Dimensions: 11.02" h x 1.23" w x 8.27" l, .0 pounds

• Binding: Paperback

• 608 pages

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Editorial Review

About the Author

Jane Ogden is a Professor in Health Psychology at the University of Surrey, UK. She is author of six books and over 150 journal articles. She is also a regular contributor for the media.

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