



# Glimmers of Hope: Toward the Healing of Painful Life Experiences through Narrative Counseling

By Tapiwa N. Mucherera

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## **Glimmers of Hope: Toward the Healing of Painful Life Experiences through Narrative Counseling** By Tapiwa N. Mucherera

Every individual has a story-painful or happy-and the story will only be complete and meaningful when shared with others willing to listen to it. These are the stories of several people who embarked on a journey toward healing from abortion, adoption, abuse (sexual and spousal), anger, bullying, cutting, infertility, divorce, grief, people pleasing, and fear, as well as people struggling to break the chains of psychological colonialism/neocolonialism and to survive as orphans. This book contains a wealth of knowledge on how transformation of life can take place using Narrative Counseling. Most of the stories shared in this book are personal to many of the authors. Some share their journey of struggling with hopeless situations to where they regained hope through counseling using the Narrative approach. Others, such as the orphaned children, found relief in just having someone sit with them to listen to their daily struggles of living an orphaned life. In this book you will find a place where these stories will somehow intersect with your own story. Take a chance, read, and you will find a glimmer of hope in these stories.

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#### About the Author

Tapiwa N. Mucherera is Professor of Pastoral Counseling at Asbury Theological Seminary on the Orlando Campus, Florida. He has training in Pastoral Care Counseling, Narrative Counseling, and Cross-cultural counseling. He is author of Pastoral Care from a Third World Perspective and Meet Me at the Palaver.

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