



Dance A While: A Handbook for Folk, Square, Contra, and Social Dance (10th Edition)

By Anne M. Pittman, Marlys S. Waller, Cathy L. Dark

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KEY BENEFITt: *Dance A While* is a classic in the field of recreational dance. The *Tenth Edition* of this best-selling introduction to dance book uniquely combines dance instruction, descriptions of major forms of dance, and directions for more than 260 individual dances, providing ample information for readers and giving future dance instructors the background they need to be successful teachers. The cultural background of international dances is presented, along with specific suggestions for developing style. History, Effective Group Instruction, Dance Fundamentals, American Dance Sampler, Square Dance, Contra Dance, International Folk Dance, Social Dance. Intended for those interested in learning the basics of recreational dance

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Review

"Thank you for sending the newest version of *Dance A While*. This is the best and most thorough book yet. Also, I am so pleased that you included a CD with the music. For our teacher education students this will be a valuable resource." --Rin Seibert, Valparaiso University

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Janet Warren:

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