



Pyrenean Haute Route (Cicerone Guide)

By Ton Joosten

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The 800km Haute Route is arguably the most spectacular and challenging long-distance trek through the Pyrenees. In this guidebook the coast-to-coast route from the Atlantic to the Mediterranean is divided into 5 sections, with each section broken up into graded day stages. Numerous variants are also described, including a three-day alternative to avoid the third section for which mountaineering equipment is required. Covering a variety of challenging terrain, and passing through some remote areas with no waymarking or even paths, this is a tough route for experienced and well-prepared trekkers confident in navigation.

Showcasing an impressive array of mountains summing upwards of 3000m, the Pyrenees are renowned for their ethereal beauty and enchanting vistas, offering experienced trekkers and mountain walkers unrivalled adventure through truly dramatic landscapes. The route crosses the French-Spanish border several times on its way from the Atlantic to the Mediterranean.

Each of the 45 day-stages is graded, describing the ascent and descent for that section. Also highlighted in this third edition are 10 classic summits, tempting trekkers to take a day off and detour up one of the many famous peaks. The guide includes information on essential items to take, mountain safety and variant routes, as well as a comprehensive facilities list detailing amenities and accommodation options at each day stage end.

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Editorial Review

About the Author

Ton Joosten has written six books on the Pyrenees which he has explored extensively over the last 20 years, walking all the long distance trails, all major peaks and the national parks in both France and Spain and has written the best walking regions. When not exploring, Ton lives in Holland

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