



## Acting: The First Six Lessons

By Richard Boleslavsky

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In his beloved classic, *Acting: The First Six Lessons*, master acting teacher Richard Boleslavsky presents his acting theory and technique in a lively and accessible narrative form. Widely considered a must-have for beginning as well as established actors, Boleslavsky's work has long helped actors better understand the craft of acting and what it takes to grow as an artist. This enhanced edition includes additional exercises from Samuel Seldon's *First Steps in Acting*, which provide further opportunity to practice the techniques discussed in *Acting: The First Six Lessons*.

Richard Boleslavsky's knowledge of the theater was based on an impressive depth and breadth of experience. A member of the Moscow Art Theater and director of its First Studio, he worked in Russia, Germany, and America as an actor, director and teacher. He was a leading Hollywood director in addition to producing plays and musical comedies on Broadway.

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## **Acting: The First Six Lessons By Richard Boleslavsky Bibliography**

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- 134 pages

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"One wants to quote any number of passages for their wit, the gayety of their instruction, the fineness of their perceptions, the good sense they show, their helpfulness and their ever-incisive clarity...The thing for actors to do, whether they are young or old, is to buy this book....It does more to explore the art of acting than any single volume for years." -- *John Mason Brow*

"Under their apparent simplicity and light-heartedness, (the lessons are) profound and to the point. Both beginners and established actors, who take their work seriously, will find stimulation in this book." -- *Sir Alec Guinness*

### About the Author

Richard Boleslavsky was a member of the Moscow Art Theater and cofounder of the American Laboratory Theater School, which trained Lee Strasberg and Stella Adler among other actors and teachers, playing an important role in bringing Stanislavsky's techniques to America. Although he directed Hollywood films in the 1930s and 1940s, his enduring work is contained in this book.

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