



The Ethical Slut: A Practical Guide to Polyamory, Open Relationships & Other Adventures

By Janet W. Hardy

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The essential guide for singles and couples who want to explore polyamory in ways that are ethically and emotionally sustainable.

For anyone who has ever dreamed of love, sex, and companionship beyond the limits of traditional monogamy, this groundbreaking guide navigates the infinite possibilities that open relationships can offer. Experienced ethical sluts Dossie Easton and Janet W. Hardy dispel myths and cover all the skills necessary to maintain a successful and responsible polyamorous lifestyle--from self-reflection and honest communication to practicing safe sex and raising a family. Individuals and their partners will learn how to discuss and honor boundaries, resolve conflicts, and to define relationships on their own terms.

"I couldn't stop reading it, and I for one identify as an ethical slut. This is a book for anyone interested in creating more pleasure in their lives . . . a complete guide to improving any style of relating, from going steady to having an extended family of sexual friends." --Betty Dodson, PhD, author of *Sex for One*

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Editorial Review

Review

"This book is the definitive guide to having your marriage and eating other people too. The Ethical Slut made me the ethical slut I am today, and I am so proud!"--Margaret Cho, comedian and author of I'm the One That I Want

"The Ethical Slut is one of the most useful relationship books you could ever read, no matter what your lifestyle choices. It's chock-full of great information about communication, jealousy, asking for what you want, and maintaining a relationship with integrity. An absolute masterpiece and a must-read!"--Annie Sprinkle, PhD, sexologist and author of Dr. Sprinkle's Spectacular Sex

"Many people wish for and dream of a wider world sexually and live out their lives unable to find the courage to explore. This book is a thoughtful, practical, and loving look at that exploration."--David Crosby, musician and author of Since Then

"The Ethical Slut, in this new and expanded edition, is the definitive guide for creating and sustaining all conscious relationships, polyamorous, open, alternative, and monogamous. Don't enter into another relationship without it!"--Barbara Carrellas, author of Urban Tantra

"Dossie and Janet's blend of good humor and forthright honesty makes for some of the best writing I have found on sexually complicated relationships and blended family options. Engaging, disarming, forthright, this is the book for those of us still brave enough to make the ethically complex choices." --Dorothy Allison, author of Bastard Out of Carolina

"A useful guidebook for radical relationship travelers . . . experienced counsel to those on the polysexual frontier." --Ryam Nearing, Loving More magazine

"A post-graduate course in ethical relationships of every stripe. The authors pull no punches and are totally outrageous. . . . You'll never be bored." --Stan Dale, DHS, founder of the Human Awareness Institute

"Frank, funny, and full of practical advice . . . life-saving validation, empathy, and plenty of insider tips from the experienced big sisters you probably weren't fortunate enough to have." --Deborah Anapol, PhD, author of Polyamory: The New Love without Limits

From the Publisher

* The essential guide for singles and couples who want to explore polyamory in ways that are ethically and emotionally sustainable.

* Revised and updated throughout, with new strategies for single sluts, advice for opening an existing relationship or marriage, and exercises for thinking about and discussing open relationships.

About the Author

JANET W. HARDY is the author of more than 10 books and founder of Greenery Press, a San Francisco Bay Area book publisher specializing in sexually adventurous books. She swore off monogamy in 1987.

THE AUTHOR SCOOP

Do you eat your vegetables?

Yes, but I'd rather steal your dessert.

Have any good pet stories?

My dear Amy – a gigantic shaggy lab/poodle mix who went to doggie heaven last summer – is still the stuff of legend in San Francisco's alt-sex scene. One evening, she wandered into the room during a bondage demo: a sweetie of ours was modeling a spreadeagle pose. Amy took one look at her beloved auntie and immediately flopped down next to her on her back, all four legs spread out in the identical pose, as the room dissolved in hysterics and Auntie sat up, rubbing her wrists indignantly, and sputtered, "Upstaged by a fucking dog!"

Are you "six degrees of separation" away from anyone famous?

Distantly related to Clement C. Moore, author of *The Night Before Christmas*.

Do you have a scar anywhere on your body? How did you get it?

A stylized elephant branded on my right calf, put there by Fakir Musafar. Elephants are large, smart and matriarchal – hence, my totem.

What was your favorite birthday?

Ah, this is a good one... my 35th, the year my two main squeezes at the time took a cabin at Sea Ranch for my birthday and we spent the weekend mushroom-hunting, binge-eating and fucking.

Name a favorite dish that your mother used to make.

"Israeli salad," which she learned to make when she was trapshooting on the American team in the Maccabiah Games, the Jewish olympics. A chopped salad made with tomatoes, cukes, hard-boiled eggs, bell peppers, etc., and tossed with olive oil and lemon juice.

What is your favorite thing about being an author?

Spelunking in my own brain.

DOSSIE EASTON is a licensed marriage and family therapist specializing in alternative sexualities and open relationships. She is the author of four other books. She lives in the San Francisco Bay Area and has been an ethical slut since 1969.

Users Review

From reader reviews:

Darren Billups:

Have you spare time for a day? What do you do when you have more or little spare time? Sure, you can choose the suitable activity intended for spend your time. Any person spent their spare time to take a wander, shopping, or went to often the Mall. How about open or maybe read a book eligible *The Ethical Slut: A Practical Guide to Polyamory, Open Relationships & Other Adventures*? Maybe it is being best activity for you. You realize beside you can spend your time along with your favorite's book, you can smarter than

before. Do you agree with their opinion or you have some other opinion?

Tommy Cowen:

Here thing why that The Ethical Slut: A Practical Guide to Polyamory, Open Relationships & Other Adventures are different and dependable to be yours. First of all reading through a book is good nevertheless it depends in the content from it which is the content is as tasty as food or not. The Ethical Slut: A Practical Guide to Polyamory, Open Relationships & Other Adventures giving you information deeper and in different ways, you can find any guide out there but there is no book that similar with The Ethical Slut: A Practical Guide to Polyamory, Open Relationships & Other Adventures. It gives you thrill examining journey, its open up your eyes about the thing which happened in the world which is possibly can be happened around you. You can bring everywhere like in park your car, café, or even in your means home by train. When you are having difficulties in bringing the printed book maybe the form of The Ethical Slut: A Practical Guide to Polyamory, Open Relationships & Other Adventures in e-book can be your substitute.

Laverne Dunbar:

People live in this new time of lifestyle always aim to and must have the free time or they will get lot of stress from both everyday life and work. So , when we ask do people have time, we will say absolutely sure. People is human not just a robot. Then we consult again, what kind of activity have you got when the spare time coming to a person of course your answer will probably unlimited right. Then ever try this one, reading books. It can be your alternative with spending your spare time, the particular book you have read is The Ethical Slut: A Practical Guide to Polyamory, Open Relationships & Other Adventures.

Valarie Chamberlin:

Some individuals said that they feel bored when they reading a reserve. They are directly felt it when they get a half areas of the book. You can choose often the book The Ethical Slut: A Practical Guide to Polyamory, Open Relationships & Other Adventures to make your reading is interesting. Your current skill of reading ability is developing when you such as reading. Try to choose simple book to make you enjoy to learn it and mingle the impression about book and reading through especially. It is to be initially opinion for you to like to available a book and go through it. Beside that the guide The Ethical Slut: A Practical Guide to Polyamory, Open Relationships & Other Adventures can to be your friend when you're really feel alone and confuse in what must you're doing of these time.

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