

# Tantric Love: Feeling vs Emotion: Golden Rules to Make Love Easy

By Diana Richardson, Michael Richardson



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What happens when suddenly the wind changes and the loving connection between two partners is disrupted for hours or even days? Why is love associated with ups and downs? The answer is simple although not obvious - usually a wave of emotion which has roots in the past floods the atmosphere. The authors show in easy-to-follow steps how to recognise emotions, to leave them behind, and to create space for the expression of real feelings where love has a chance.



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### Tantric Love: Feeling vs Emotion: Golden Rules to Make Love Easy By Diana Richardson, Michael Richardson Bibliography

• Sales Rank: #1213035 in Books

Brand: Brand: O-BooksPublished on: 2010-04-16Original language: English

• Number of items: 1

• Dimensions: 8.63" h x .27" w x 5.66" l, .30 pounds

• Binding: Paperback

• 115 pages

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#### **Editorial Review**

About the Author

Diana & Michael Richardson are specialists in the sphere of relationships and sexuality. They have been teaching successfully for almost twenty years with four books written on the tantric approach to life and sex.

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