



Better Than Good Hair: The Curly Girl Guide to Healthy, Gorgeous Natural Hair!

By Nikki Walton, Ernessa T. Carter

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Better Than Good Hair: The Curly Girl Guide to Healthy, Gorgeous Natural Hair! By Nikki Walton, Ernessa T. Carter

The fresh new handbook on how to achieve and maintain stylish natural hair, from the savviest and most revered expert on coils and curls

These days there's a revolution going on. Relaxers are out. Weaves are so yesterday. Tired of damage from expensive chemical treatments and artificial enhancers, women of color are going natural thanks to Nikki Walton of CurlyNikki.com, the natural hair blogger and online hair therapy expert.

In *Better Than Good Hair*, this gifted "curl whisperer" educates women on how to transition from relaxed to completely natural hair, with advice and styles for every length—from Fierce Braid-and-Curls to Fancy Faux Buns. She also counsels those considering the "big chop"—cutting it all off at once to sport a bold and beautiful "teeny weeny afro." Here, too, is essential guidance for parents of mixed-race children dealing with new and unfamiliar hair textures and styles.

Combining Walton's expansive knowledge with tips from other experts in the field, *Better Than Good Hair* includes:

- Product recommendations
- Home hair care recipes
- Advice for parents on how to manage their children's natural hair
- Tips for using henna on gray hair
- Guidance on dealing with detractors
- Step-by-step illustrated directions for nearly two dozen hairdos, from frohawks to twist-outs

Full of indispensable information, as empowering as it is accessible, and with a foreword by actress and comedian Kim Wayans, *Better Than Good Hair* is a must-have natural hair care bible that will help women of all ages and styles achieve their natural beauty.

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Editorial Review

Review

“A must read. . . . For women who are thinking about going natural, and those who need a bit of a push, this is the guide you’ve been waiting for. . . . The step-by-step instructions to healthy hair are phenomenal.”
(Ebony.com)

About the Author

Nikki Walton is a licensed psychotherapist with a master's degree in psychology from the University of North Carolina and the founder of CurlyNikki.com. Born in St. Louis, she now resides in Pennsylvania.

Coauthor Ernessa T. Carter, a graduate of Smith College with an master of fine arts from Carnegie Mellon, is the author of the novel *32 Candles* and the founding editor of FierceandNerdy.com. She lives in Los Angeles.

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Users Review

From reader reviews:

Hilary Williams:

Reading a reserve tends to be new life style within this era globalization. With studying you can get a lot of information that will give you benefit in your life. Along with book everyone in this world may share their idea. Publications can also inspire a lot of people. Lots of author can inspire their particular reader with their story or maybe their experience. Not only the storyline that share in the publications. But also they write about the data about something that you need case in point. How to get the good score toefl, or how to teach your sons or daughters, there are many kinds of book that exist now. The authors on this planet always try to improve their expertise in writing, they also doing some exploration before they write to the book. One of them is this Better Than Good Hair: The Curly Girl Guide to Healthy, Gorgeous Natural Hair!.

Carlos Vickers:

In this period of time globalization it is important to someone to obtain information. The information will make someone to understand the condition of the world. The health of the world makes the information

better to share. You can find a lot of referrals to get information example: internet, paper, book, and soon. You can observe that now, a lot of publisher in which print many kinds of book. Typically the book that recommended to you is Better Than Good Hair: The Curly Girl Guide to Healthy, Gorgeous Natural Hair! this reserve consist a lot of the information of the condition of this world now. This specific book was represented just how can the world has grown up. The language styles that writer use to explain it is easy to understand. The writer made some investigation when he makes this book. That is why this book ideal all of you.

Maria Blanco:

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