



Be Love Now: The Path of the Heart

By Ram Dass, Rameshwar Das

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Ram Dass's long-awaited *Be Love Now* is the transformational teaching of a forty year journey to the heart. The author of the two-million-copy classic *Remember, Be Here Now* and its influential sequel *Still Here*, Dass is joined once more by Rameshwar Das—a collaborator from the *Love Serve Remember* audio recordings—to offer this intimate and inspiring exploration of the human soul. Like Deepak Chopra's *Book of Secrets*, the Dalai Lama's *Art of Happiness*, and Jon Kabat-Zinn's *Coming to Our Senses*, Ram Dass's *Be Love Now* will serve as a lodestar for anyone seeking to enhance their spiritual awareness and improve their capacity to serve—and love—the world around them.

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Be Love Now: The Path of the Heart By Ram Dass, Rameshwar Das Bibliography

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Editorial Review

From [Booklist](#)

Ram Dass first told the story of how he met his guru, Neem Karoli Baba, known as Maharaj-ji, in the now-legendary *Be Here Now* (1972). Ram Dass has been a spiritual teacher ever since, ceaselessly reflecting on his profound transformation in India four decades ago, especially in the wake of his debilitating stroke in 1997. In this vivid, often mind-blowing blend of spiritual memoir and teaching stories, written with his fellow devotee, Rameshwar Das, Ram Dass remembers his guru's baffling powers; candidly describes the tensions within the satsang, or "community of seekers," surrounding Maharaj-ji; and explains his arduous "inner work" as he practiced yoga, chanted mantras that work on both vibrational and conceptual planes, and opened his mind to the presence of "realized beings," including the Indian saints whose life stories he tells. Beneath the esoteric complexity is the spiritual essence, the unconditional love that Maharaj-ji channeled, the love that Ram Dass seeks to share with others. Love that "is like sunshine, a natural force, a completion of what is, a bliss that permeates every particle of existence." --Donna Seaman

Review

"A gift of love from the man who introduced me to the idea of higher consciousness and became one of my greatest teachers." (Dr. Wayne Dyer)

"It is a compelling text, chock full of history, teaching, and truth." (New Age Retailer)

"So many people are desperately searching for love, whether consciously or unconsciously. May Ram Dass' intimate and heartfelt account inspire others to find their own path of true love, compassion, and joyful service." (Thich Nhat Hanh, author of *Savor*)

"The awakening power of love shines on every page of this wonderfully inspiring book. With insight and engaging humor, Ram Dass shares with us a lifetime of spiritual practice. This book is a rare treat." (Joseph Goldstein, author of *A Heart Full of Peace*)

"If the West even approaches enlightenment in the 21st Century, there's no way to overestimate the role of Ram Dass in making it happen. He planted seeds that turned into a million trees; if and when they blossom, they will exude the fragrance of his teaching forever." (Marianne Williamson, author of *The Age of Miracles*)

"Read this delicious, ecstatic journey and be awakened, be pulled body and soul into the heart of love." (Jack Kornfeld, author of *A Path with Heart*)

"There is no one better than Ram Dass to transmit the essence of "Eastern" religion and philosophy to Westerners. He has made the journey and from the depth of his Joy and Wisdom he shares with us the journey of so many great Beings." (Krishna Das, Kirtan Wala)

"Offering a deeply personal yet universal exploration of what he has learned on his four-decade pilgrimage across cultures and religious traditions, Ram Dass shares powerful lessons on love..." (Spiritual Media Blog)

"His deeply personal and profound process of inner transformation—through his guru's "fierce grace" and a life of love and service—is told with characteristic candor and humor. Rich with teaching stories, *Be Love Now* is an invitation to open our hearts." (Yoga International)

“‘Be Love Now,’ like ‘Be Here Now,’ is equal parts memoir and manual of meditation. It’s hard to believe the two books are separated by more than 30 years. The writing in ‘Be Love Now’ is as fresh and charged with insight as the earlier one.” (Los Angeles Times)

“It is not exaggerating to say that Ram Dass (formerly known as Harvard psychologist Dr. Richard Alpert) inspired multiple generations of spiritual seekers. Be Love Now proves he continues to do so through writing, teaching and most importantly, by example.” (LA Yoga)

“You might say it took four decades to get from ‘Here’ to ‘Love.’ For Ram Dass, the journey can be measured more accurately in inches--from his head, to his heart.” (The Maui News)

“The celebrated teacher guides us through pitfalls and perils of our own spiritual journey.” (The Edge)

“Like Ram Dass’ earlier works, Be Love Now is amusing, eloquent, and wise; it’s a sublime addition to an already invaluable spiritual oeuvre.” (Yoga Journal)

From the Back Cover

Love is a state of being

One of America’s most beloved teachers, Ram Dass guides us through the pitfalls and perils of our own spiritual journey.

Users Review

From reader reviews:

Lottie Jowers:

The actual book Be Love Now: The Path of the Heart will bring someone to the new experience of reading the book. The author style to elucidate the idea is very unique. In case you try to find new book to read, this book very suited to you. The book Be Love Now: The Path of the Heart is much recommended to you to read. You can also get the e-book from official web site, so you can quickly to read the book.

Steven Richardson:

Reading a reserve tends to be new life style in this era globalization. With reading you can get a lot of information that could give you benefit in your life. Having book everyone in this world can certainly share their idea. Publications can also inspire a lot of people. Many author can inspire their particular reader with their story or their experience. Not only situation that share in the textbooks. But also they write about the data about something that you need case in point. How to get the good score toefl, or how to teach your sons or daughters, there are many kinds of book which exist now. The authors on earth always try to improve their proficiency in writing, they also doing some research before they write with their book. One of them is this Be Love Now: The Path of the Heart.

John Lopez:

Playing with family inside a park, coming to see the sea world or hanging out with pals is thing that usually you might have done when you have spare time, subsequently why you don't try point that really opposite from that. One particular activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you are ride on and with addition info. Even you love Be Love Now: The Path of the Heart, you can enjoy both. It is fine combination right, you still desire to miss it? What kind of hang-out type is it? Oh can occur its mind hangout guys. What? Still don't buy it, oh come on its called reading friends.

Diana Johnson:

Do you really one of the book lovers? If so, do you ever feeling doubt if you are in the book store? Attempt to pick one book that you find out the inside because don't determine book by its deal with may doesn't work this is difficult job because you are afraid that the inside maybe not while fantastic as in the outside appear likes. Maybe you answer might be Be Love Now: The Path of the Heart why because the excellent cover that make you consider concerning the content will not disappoint you actually. The inside or content is usually fantastic as the outside or cover. Your reading 6th sense will directly show you to pick up this book.

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