



It's Not Him, It's You: The Truth You May Not Want - but Need - to Hear

By Christie Hartman

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"The only dating book you will ever need!" -**A reader**

"The most useful advice book on relationships I've ever read" -**An Amazon reviewer**

"Amazingly straightforward advice." -**Ashley L.**

**Tired of gamey, manipulative dating advice for women?
Seeking to UNDERSTAND men, rather than condemn them?
Looking to ENJOY dating, rather than dread it?**

You've come to the right place!

During the early stages of dating, many women unknowingly make one or more fundamental mistakes that hinder their ability to date successfully and find the man of their dreams. Internationally acclaimed "It's Not Him, It's You" will identify each of these Top 10 mistakes, and show you how to fix them!

With Dr. Christie Hartman as your guide, you'll learn how to put this groundbreaking research to work for you. You'll learn that you, as a woman:

- Have the advantage over men in the dating world
- Should make the first move with men--not wait for them to act
- Can detect if a guy is truly interested in you, even before you go out with him

Anyone can tell you to avoid sex on the first date, or to wear a skirt, or to flirt a lot. This book gives you what you really need: the research-based strategies you need to make dating work for you--and find the happiness you deserve!

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Editorial Review

From Publishers Weekly

Though she agrees that "sometimes dating sucks," psychologist Hartman (*Dating the Divorced Man*) has found, through considerable research, that "during the early stages of dating, women unknowingly make one or more fundamental mistakes." Here, she enumerates the top ten such mistakes—including "You Think Men Have a Clue," "Your Attitude Sucks," and "You Plan Your Wedding After the First Date"—to help women identify and stop self-sabotaging behaviors. Throughout, Hartman puts responsibility squarely on the woman reading, a tough-love strategy assuaged with doses of compassion and empathy, and sweetened by the promise of empowerment, independence and self-knowledge. Hartman also encourages women to learn as much as possible about the men's side of things, pointing to Askmen.com and Neil Strauss's *The Game*. More than experts, mothers and even friends, however, Hartman believes a woman's most helpful advisor is herself; her most valuable lesson is on tuning out unhelpful voices and learning to listen to the one that knows you best.

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Review

(added by author)

About the Author

Dr. Christie Hartman is a dating expert, scientist, and author of five dating advice books.

Users Review

From reader reviews:

Kurt Rose:

Book is to be different for each and every grade. Book for children until finally adult are different content. To be sure that book is very important for people. The book *It's Not Him, It's You: The Truth You May Not Want - but Need - to Hear* had been making you to know about other know-how and of course you can take more information. It is extremely advantages for you. The e-book *It's Not Him, It's You: The Truth You May Not Want - but Need - to Hear* is not only giving you much more new information but also to get your friend when you feel bored. You can spend your spend time to read your book. Try to make relationship together with the book *It's Not Him, It's You: The Truth You May Not Want - but Need - to Hear*. You never really feel lose out for everything in case you read some books.

Sara Love:

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As a pupil exactly feel bored to be able to reading. If their teacher questioned them to go to the library or even make summary for some guide, they are complained. Just minor students that has reading's heart and soul or real their pastime. They just do what the instructor want, like asked to go to the library. They go to right now there but nothing reading really. Any students feel that reading through is not important, boring in addition to can't see colorful photographs on there. Yeah, it is to get complicated. Book is very important to suit your needs. As we know that on this period of time, many ways to get whatever we would like. Likewise word says, many ways to reach Chinese's country. Therefore , this It's Not Him, It's You: The Truth You May Not Want - but Need - to Hear can make you sense more interested to read.

Dale Eich:

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