



# In Love with Life: Reflections on Friedrich Nietzsche's Thus Spoke Zarathustra

By Osho

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In his preface to *Ecce Homo*, Friedrich Nietzsche says: “With [*Thus Spoke Zarathustra*] I have given mankind the greatest present that has ever been made to it so far. This book, with a voice bridging centuries, is not only the highest book there is, the book that is truly characterized by the air of the heights — the whole fact of man lies beneath it at a tremendous distance — it is also the deepest, born out of the innermost wealth of truth, an inexhaustible well to which no pail descends without coming up again filled with gold and goodness.” Perhaps only a contemporary mystic like Osho could truly understand what Nietzsche meant by this statement. *In Love with Life* shares Osho’s understanding of both Nietzsche the man and of his seminal work, with extraordinary clarity and relevance to readers in the 21st century. Here, the reader learns much about the mysterious and revolutionary Persian mystic Zarathustra (Zoroaster), whom Nietzsche chose as a spokesperson. The result is an enchanting journey through a world where life is celebrated, not renounced, and where timeless truths prevail over the lies and distortions that continue to cripple our efforts to become healthy and whole.

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### Editorial Review

About the Author

**Osho** is a contemporary mystic whose life and teachings have influenced millions of people of all ages, and from all walks of life. His often provocative and challenging teachings generate today more and more interest, and his readership is dramatically expanding around the world in more than fifty languages. People can easily recognize the wisdom of his insights, the broad sweep of his familiarity with both ancient and contemporary philosophical thought, and his ability to communicate in a way that is relevant to our lives and to the issues we are facing today. *The Sunday Times* (London) named Osho as one of the "1,000 Makers of the 20th Century". He is known around the world for his revolutionary contribution to meditation — the science of inner transformation — with the unique approach of his "OSHO Active Meditations" acknowledging the accelerated pace of contemporary life its unique challenges.

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FRIEDRICH NIETZSCHE is perhaps the greatest philosopher the world has known. He is also great in another dimension which many philosophers are simply unaware of: he is a born mystic.

His philosophy is not only of the mind but is rooted deep in the heart, and some roots even reach to his very being. The only thing unfortunate about him is that he was born in the West; hence, he could never come across any mystery school. He contemplated deeply, but he was absolutely unaware about meditation. His thoughts sometimes have the depth of a meditator, sometimes the flight of a Gautam Buddha; but these things seem to have happened spontaneously to him.

He knew nothing about the ways of enlightenment, about the path that reaches to one's own being. This created a tremendous turmoil in his being. His dreams go as high as the stars but his life remained very ordinary – it does not have the aura that meditation creates. His thoughts are not his blood, his bones, his marrow. They are beautiful, immensely beautiful, but something is missing; and what is missing is life itself. They are dead words; they don't breathe – there is no heartbeat.

But I have chosen to speak on him for a special reason: he is the only philosopher, from East or West, who has at least thought of the heights of human consciousness. He may not have experienced them; he certainly has not experienced them. He also thought of becoming a man again. That idea, of descending from your heights into the marketplace, descending from the stars to the earth, has never happened to anybody else.

He has something of Gautam Buddha, perhaps unconsciously carried over from his past lives, and he has something of the Zorba. Both are incomplete. But he is the only proof that Buddha and Zorba can meet; that those who have reached to the highest peaks need not remain there.

In fact, they should not remain there. They owe something to humanity; they owe something to the earth. They have been born amongst human beings; they have lived in the same darkness and in the same misery. And now that they have seen the light, it becomes obligatory that they should come back to wake up those who are fast asleep; to bring the good news – that darkness is not all, that unconsciousness is our choice.

If we choose to be conscious, all unconsciousness and all darkness can disappear. It is our choice that we are living in the dark valleys. If we decide to live on the sunlit peaks, nobody can prevent us because that is also

our potential.

But the people who have reached to the sunlit peaks completely forget about the world they are coming from. Gautam Buddha never descended. Mahavira never descended. Even if they have made efforts for humanity to wake up, they have shouted from their sunlit peaks.

Man is so deaf, so blind that it is almost impossible for him to understand people who are talking from higher stages of consciousness. He hears the noise but it does not bring any meaning to him.

Nietzsche is unique in this sense. He could have remained an extraordinary, very superhuman philosopher, but he never forgets for a single moment the ordinary human being. It is his greatness. Although he has not touched the highest peaks, and he has not known the greatest mysteries, whatsoever he has known, he is longing to share with his fellow human beings. His desire to share is tremendous.

I have chosen to speak on a few fragments which may be helpful to you, for your spiritual growth.

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As people who live in the actual modest era should be upgrade about what going on or info even knowledge to make these people keep up with the era which is always change and move ahead. Some of you maybe can update themselves by reading books. It is a good choice for yourself but the problems coming to you is you don't know which one you should start with. This In Love with Life: Reflections on Friedrich Nietzsche's Thus Spake Zarathustra is our recommendation so you keep up with the world. Why, since this book serves what you want and want in this era.

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