



Healing Stories for Challenging Behaviour

By Susan Perrow

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Healing Stories for Challenging Behaviour By Susan Perrow

Features:

- A resource for families and professionals who work with children in challenging situations
- More than fifty stories to help deal with a range of common "challenging behaviors"
- A story-making model to help readers create their own stories to address challenging behaviors

Healing Stories for Challenging Behaviour offers a creative approach to helping children who are facing trauma or other difficulties in their life. This collection of modern and traditional folk tales includes stories for behavior difficulties, such as dishonesty, stealing, bullying, and fighting. Also included are stories to help with challenging situations such as moving to a new house, a new baby in the family, nightmares, illness, and grieving.

Each story in *Healing Stories for Challenging Behaviour* is introduced with notes and suggestions for ways to use them. Also included is a guide to help parents and teachers create their own healing stories.

A great book for emotional first aid.

"Susan Perrow's inspirational adventures with storytelling have grown into this inspirational book. May its pages encourage you to speak healing words that help both children and adults to flourish." ?**Nancy Mellow**, author of *Storytelling with Children*

"Susan Perrow gives us the tools to use and create stories that respond to the way children imagine their world. Practice what she teaches; it will enrich your life." ?**Michael Moran**, storyteller and psychiatric nurse

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Editorial Review

Review

"Susan Perrow's inspirational adventures with storytelling have grown into this inspiring book. May its pages encourage you to speak healing words that help both children and adults to flourish. Her wisdom, imagination and generosity will kindle the joy and healing power of storytelling in you." Nancy Mellon, author of *Storytelling with Children* --Nancy Mellon, author of *Storytelling with Children*

From the Author

Working with both modern and traditional tales, and many personal stories, the following chapters offer imaginative possibilities for transforming problematic behaviour and situations with young children. They also provide teachers, parents, childcare workers and child therapists with a range of skills to create stories that address challenging behaviour.

Included in the text are eighty stories divided into different behaviour categories for easy reference - to work with directly, adapt or use as models for creating your own tales. Brief notes precede each story, with an age guide and suggestions for use. The categories cover many kinds of commonly identified challenging behaviour, from dishonesty through laziness to teasing and bullying; everyday situations like 'tidy-up time'; experiences such as 'moving house'; or problems and difficulties such as 'separation anxiety', 'fear and nightmares' and 'illness and grieving'. The range of selected stories and ideas are suitable for ages three to eight.

If you feel inspired to write your own therapeutic tales, the text provides a story-making model - a threefold framework of 'Metaphor', 'Journey' and 'Resolution' - to guide you.

Beside this framework, the book has chapters on age-appropriate stories, multicultural perspectives, props and presentation aids, and guidelines for the telling of stories. It is my hope, with some help from these sections, that you will feel encouraged to write and tell your own stories, and so perpetuate and develop age-old story traditions.

About the Author

Susan Perrow is a story-loving Australian with twenty-two years in early childhood work (teaching three- to eight-year-olds), teacher training, storytelling, storywriting, and course facilitating. She is also a mother of three adult sons. For the past eight years, she has worked in early childhood teacher training in Australia, Kenya, and South Africa; developed a 150 hour unit on Storytelling for Southern Cross University (NSW, Australia); and completed masters degree research on cross-cultural storytelling (post-apartheid South Africa).

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