



# Empty Cradle, Broken Heart: Surviving the Death of Your Baby

By Deborah L. Davis

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The heartache of miscarriage, stillbirth, or infant death affects thousands of U.S. families every year. *Empty Cradle, Broken Heart*, Third Edition offers reassurance to parents who struggle with anger, guilt, and despair during and after such a tragedy. In this new and updated edition, Deborah Davis encourages grieving and strives to cover many different kinds of loss, including information on issues such as the death of one or more babies from a multiple birth, pregnancy interruption, and the questioning of aggressive medical intervention. There is also a special chapter for fathers as well as a chapter on "protective parenting" to help anxious parents enjoy their precious living children. Doctors, nurses, relatives, friends, and other support persons can gain special insight. Most importantly, parents facing the death of a baby will find necessary support in this gentle guide.

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### Editorial Review

#### Review

"*Empty Cradle, Broken Heart* is written with great awareness and sensitivity. Deborah Davis gets it just right." -Sheila Kitzinger, author of *The Complete Book of Pregnancy and Childbirth*

"...there is comfort in these pages." -*Mothering* magazine

"This gentle book fills a void often overlooked how it feels to lose a baby during or shortly after pregnancy." -Booklist

"Davis speaks directly to the emotional and physical needs of bereaved parents." -Judith Lasker, author of *When Pregnancy Fails*

"This book is a comprehensive resource for bereaved parents and the practitioners who help them." -*THANATOS, A Realistic Journal Concerning Dying, Death and Bereavement*

"As the mother of a stillborn son, I find this book to be the best I've found to date (and I've read at least 20!)." -J. Walter, Pennsylvania

"The best book on this subject. I did a huge amount of reading after I lost my baby, and I can tell you that this book is head and shoulders above anything else I've read on this subject. -A. Douglas, Canada

#### From the Back Cover

The heartache of miscarriage, stillbirth or infant death affects roughly 50,000 U.S. families every year. This revised and expanded edition of *Empty Cradle, Broken Heart* offers reassurance to parents who struggle with anger, guilt and despair after such tragedy. Deborah Davis encourages grieving and makes suggestions for coping. Added to this edition is new information on issues such as the death of one or more babies from a multiple birth, pregnancy interruption and the questioning of aggressive medical intervention. There is also a special chapter for fathers as well as a chapter on "protective parenting" to help anxious parents enjoy their precious living children. Doctors, nurses, relatives, friends and parents facing infant loss will find support and reassurance in this gentle guide.

#### About the Author

**Deborah L. Davis, Ph.D.** is a developmental psychologist and writer who specializes in the emotional aspects of coping with crisis during pregnancy and infancy, and medical ethics and decision-making during pregnancy and in the NICU. She is the author of several books, including *Empty Cradle, Broken Heart: Surviving the Death of Your Baby*, *Parenting Your Premature Baby and Child: The Emotional Journey*, and more and has written many articles for parents and professionals.

## **Users Review**

### **From reader reviews:**

#### **James Miguel:**

As people who live in the modest era should be change about what going on or details even knowledge to make them keep up with the era which can be always change and move forward. Some of you maybe may update themselves by reading books. It is a good choice to suit your needs but the problems coming to you is you don't know what kind you should start with. This Empty Cradle, Broken Heart: Surviving the Death of Your Baby is our recommendation to help you keep up with the world. Why, because book serves what you want and need in this era.

#### **Lee Flynn:**

Information is provisions for people to get better life, information nowadays can get by anyone at everywhere. The information can be a expertise or any news even restricted. What people must be consider while those information which is inside former life are difficult to be find than now could be taking seriously which one is acceptable to believe or which one the resource are convinced. If you have the unstable resource then you get it as your main information we will see huge disadvantage for you. All of those possibilities will not happen throughout you if you take Empty Cradle, Broken Heart: Surviving the Death of Your Baby as your daily resource information.

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#### **Luis Gazaway:**

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