



Coach's Guide to Game-Winning Softball Drills: Developing the Essential Skills in Every Player (International Marine-RMP)

By Michele Smith, Lawrence Hsieh

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“Mastering these drills will arm your players with one of the biggest intangibles necessary to perform well--confidence.”

--Michele Smith

Two-time Olympic gold medalist and Hall of Fame pitcher Michele Smith throws one right down the middle with this big collection of more than 250 skill-building drills developed especially for coaches of fast-pitch recreation league, travel ball, and high school softball players, ages eight to eighteen.

Straight from the Michele Smith Gold Camps and Clinics, these drills are designed to give you all the tools you need to teach the entire range of offensive and defensive softball skills. With Michele's expert guidance and instruction, you'll coach your players to:

- Master the mechanics of footwork for fielding with hustle
- Swing for the fences and hit the fastest pitches
- Catch the ball proactively and throw it quickly and accurately to its target
- Defend the infield and outfield with speed and confidence
- Run the bases swiftly and strategically
- Refine fast-pitch skills so they can windmill like Michele
- And much more

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Editorial Review

About the Author

Michele Smith has won two Olympic gold medals with the U.S. National Softball Team and was inducted into the American Softball Association Hall of Fame. An ESPN commentator for the Little League World Series, she runs popular softball clinics through her company, Michele Smith Inc. (michelesmith.com). She lives in St. Petersburg, Florida.

Lawrence Hsieh is a writer, an attorney specializing in sports law, and a volunteer youth sports coach.

Users Review

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People live in this new day time of lifestyle always try and and must have the time or they will get lots of stress from both daily life and work. So , once we ask do people have spare time, we will say absolutely sure. People is human not a robot. Then we request again, what kind of activity are there when the spare time coming to anyone of course your answer can unlimited right. Then do you try this one, reading publications. It can be your alternative in spending your spare time, the particular book you have read is definitely Coach's Guide to Game-Winning Softball Drills: Developing the Essential Skills in Every Player (International Marine-RMP).

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