



The Oxford Handbook of Depression and Comorbidity (Oxford Library of Psychology)

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Depression is frequently associated with other psychiatric disorders and is often related to chronic health problems. Depressive symptoms are also common in chronically distressed close relationships and severe interpersonal difficulties in families and at work. The topic of depressive comorbidity is clearly very important, and while recent research in this area has been methodologically sophisticated, well presented, and inherently interesting, there has not been a comprehensive, academic resource that covers recent developments in this area.

The Oxford Handbook of Depression and Comorbidity brings together scholarly contributions from world-class researchers to present a careful and empirically based review of depressive comorbidity. Cutting-edge chapters address theory, research, and practice, while capturing the diversity, evidence-base, and importance of depressive comorbidity. Specific topics include the comorbidity between depression and PTSD, alcohol use, and eating, anxiety, panic, bipolar, personality, and sleep disorders, as well as schizophrenia, suicide, cardiovascular disease, cancer, pain, obesity, intimate relationships, and many more. *The Oxford Handbook of Depression and Comorbidity* is a unique and much-needed resource that will be helpful to a broad range of researchers and practitioners including clinical and counseling psychologists, psychiatrists, marital and family therapists, social workers, and counselors working in mental-health and general health-care settings, as well as students in these areas.

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Editorial Review

Review

"With this edited volume, Richards and O'Hara have provided scholars and clinicians a much-needed compendium of state-of-the-art work on the topic of depression comorbidity. Moving beyond the often cited data on high rates of comorbidity with depression, the authors of these chapters delve into the issues of the etiology, course, and treatment of depression that is comorbid. This volume will be of value to readers with broad ranging interests given its comprehensive coverage of depression comorbidity. Finally, the editors need to be commended for their inclusion of chapters on depression comorbidity from a relationship perspective. Overall, this volume makes an important contribution to the understanding and treatment of depression and its comorbidities, shaping the future of research and practice." --Sherryl H. Goodman, Ph.D., Samuel Candler Dobbs Professor of Psychology, Emory University, and Editor, *Journal of Abnormal Psychology*

About the Author

C. Steven Richards, PhD, is a professor of psychology and director of graduate studies at Texas Tech University. His primary research interests include depression, relapse prevention, comorbidity, self-control, and health psychology.

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