



Pain: A Textbook for Therapists, 1e

By Jenny Strong PhD MoccThy BoccThy, Anita M. Unruh PhD MSW BScot, Anthony Wright, G. David Baxter BSc(Hons) DPhil MBA

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This is the first complete textbook designed for physiotherapists and occupational therapists on the topic of pain. It was developed for use in conjunction with the International Association for the Study of Pain's pain curriculum for OTs and PTs. The book addresses the nature of pain, the neuroanatomical and neurophysiological substrates of pain, the psychological aspects of pain, the lifespan approach to pain, pain measurement, pain and placebo, modalities for treating pain, and special topics in pain. It provides an overview of the physiological, psychosocial, and environmental aspects of pain experience across the lifespan. Aimed primarily at OTs and PTs the assessment and interventions issues pertaining to the perspectives of each profession are discussed in detail. The book is also relevant to the other health professions involved in pain management or intending to work in this area.

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Editorial Review

Review

"A broad, though comprehensive and clear, view on pain, pain experiences, and the complexity of assessing and treating patients with pain. Highly recommended, especially to students and therapists who want to have state of the art information on pain, pain research, and pain management ." *Ilse Swinkels, MSC, PT, MT, Free University Brussels, Centre for Quality of Care Research, Manual Therapy, Vol 7 No 2, February 2002*

book is well structured and clinically relevant and achieves its aims of introducing the reader to the wider topic of pain. Each chapter is well referenced." *Mary Cassells, Physiotherapy Ireland*

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