



Florecer: La nueva psicología positiva y la búsqueda del bienestar (Spanish Edition)

By Martin E. P. Seligman

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Editorial Review

About the Author

Martin E. P. Seligman is a psychology professor at the University of Pennsylvania and the director of the Positive Psychology Network. He is the author of 20 books, including *Authentic Happiness*, *Learned Optimism*, and *The Optimistic Child*. He lives in Philadelphia.

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