



## Guys Are Waffles, Girls Are Spaghetti

By Chad Eastham, Bill Farrel, Pam Farrel

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**Guys Are Waffles, Girls Are Spaghetti** By Chad Eastham, Bill Farrel, Pam Farrel

**Boy meets Girl; Boy wonders what in the world Girl is talking about and how he will ever keep up. Girl wonders what is wrong with Boy. Enter, *Waffles and Spaghetti*—every teen's guide to figuring out the opposite sex and understanding and valuing our unique differences.**

In a pivotal time of their development and social lives, teens are left to try and understand one another without much guidance. The purpose of this book is to help better understand themselves as well those from the "alien gender".

Guys' brains are like waffles—they keep their lives compartmentalized in boxes. Girls' brains are like spaghetti—everything in their life is connected to everything else. This book for teens includes brain development, social habits, differences in emotions, and relationship building skills for teens to develop early in their life. Loaded with humor and fun examples, this is a great way for teens to learn about healthy relationships with the opposite sex.

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