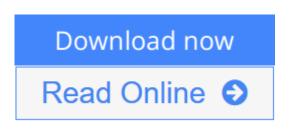


Can You Take the Heat? The WWF Is Cooking!

By Jim "J.R." Ross



Can You Take the Heat? The WWF Is Cooking! By Jim "J.R." Ross

Only the World Wrestling Federation could cook up something this good!

Start the day right with Stone Cold's Texas Toast... Kick back for lunch with J.R.'s Baked French Onion Soup... Get ready to eat till you burst, because Tasty Trish-Kebabs are for dinner... And don't forget to make room for The Rock's Favorite Chocolate Chip Cookies!

Want to know what's in The Rock's Famous Rock Bottom Pancakes? What Chyna eats to make her the Ninth Wonder of the World? What dishes can make even Stone Cold Steve Austin smile? If you think you can handle it, you too can eat like a World Wrestling Federation Superstar.

In this hardcore cookbook, the Superstars of the World Wrestling Federation serve up their favorite meals ... with a whole lot of "Attitude." And to make it even better, each mouthwatering recipe is introduced by good ol' J.R., who offers the behind-the-scenes "dish" on each meal and the wrestlers who love it, peppering the book with plenty of down-home Federation flavor. The beloved cookbook of wrestling fans, *Can You Take the Heat?* dishes up delicious, stick-to-your-ribs meals that will satisfy even the biggest appetites.

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Editorial Review

About the Author

Jim "J.R." Ross has been involved in the sports-entertainment business for more than twenty-five years. In addition to being the "voice" of the World Wrestling Federation, he currently serves as senior vice president of talent relations and wrestling administration. The proud father of two daughters, he lives in Norwalk, Connecticut, with his wife, Jan.

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